

Name:

Date:

## Roles and Goals Worksheet

**What are the roles in your life?** (*Sibling, Son/Daughter, Grandson/Granddaughter, Cousin, Church member, Rifle League Member, Student, Gamer, Steward of my space and belongings, Etc. (List all that you can think of, regardless of priority. )* **What are the purposes or attributes of each of these roles?** For example, Role: Student Purpose: To further my personal education and meet requirements for the school year, with the eventual goal of having a career as \_\_\_\_\_.

Role

Purpose/Attribute

**What are some goals that you would like to work towards in each of these roles?**

(Please list at least 2-3 for each.) For example: Role: Cousin Goal: To have a good relationship with people I care about. I would like to make it a goal to send birthday cards to each of my cousins this year.

Role

Goals/Things I want to do this year to excel in this role

**What are some particular things you need in order to meet your goals for this year?**

(Tuition/Membership fees, Tools, Time set aside, Etc.)

For example: In my role as an occupant of my bedroom, and with the goal of decorating my room and making it my comfortable and efficient, I would like to purchase some paint and a new bookshelf.

Role

Things I need to meet my goals for this year